

MINERAL MOUNTAIN RESOURCES LTD.

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MMV.TSX-V

NEWS RELEASE
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Mineral Mountain Plans To Expand Large Gold System By Targeting High Grade Gold Intersections In The Cook Zone Shining Tree Gold District, Ontario

Highlights:

- **Cook Zone is part of a large gold system open for expansion in an emerging gold district.**
- **Excellent infrastructure provides year round, low cost exploration.**
- **Key historical intercepts include: 5.03 g/t Au over 8.5m, 21.41 g/t Au over 3.0m and 11.9 g/t Au over 5.5m.**

Vancouver, British Columbia, November 30, 2010: Mineral Mountain Resources Ltd. (**MMV.TSX-V**) ("**Company**") is pleased to report that the Company has signed a contract to begin a 10-hole, 3500-metre core drilling program to expand the high grade gold intercepts in its newly acquired Cook Zone. Drilling is scheduled to begin the first week in December, 2010. The Cook Zone occurs within a large gold system associated with a mineralized porphyry swarm intruded into brecciated volcanic rocks proximal to the Tyrrell Shear Zone, a kilometre-scale regional gold structure.

Nelson Baker, President and CEO, commented: "Locally, as evidenced by the recent Minto gold discovery and in the Cook Zone, the porphyry mineralization is similar to those found in world class mines and deposits in the Timmins Camp such as the Hollinger, McIntyre and, more recently, Thunder Creek deposits. We believe that the Cook Zone represents a very small part of our highly prospective, 145 sq. km land package in the Shining Tree area."

The Cook Zone occurs within the newly acquired Copper Hill Block A property (see release dated October 26, 2010) and is situated approximately 6 km to the east of the Minto deposit in Tyrrell Township approximately 100 km south of Timmins, Ontario.

Wally N. Rayner, P. Geo., the Company's Vice President of Exploration has verified the contents of this press release and is the Qualified Person for this project.

About Mineral Mountain

Mineral Mountain is a well-funded explorer and developer of precious metals with approximately \$4 million in its treasury. The Company has four major gold projects that meet Mineral Mountain's long term objectives of becoming a strong mid-tier resource group. In south eastern British Columbia, the Company's 100%-owned 89,000-hectare, 70 km by 15 km Kootenay Arc Project is believed to have a geological environment for sediment-hosted precious metal deposits similar to those found in the Carlin Trend of Nevada and in the Selwyn Basin of Yukon. In the emerging Shining Tree mining camp 100 km south of Timmins, Ontario, the Company, through its joint venture with Golden Harp Resources Inc. has become a key explorer in the Shining Tree gold district. The 145 km² Golden Harp Main Block (60%) and Block A (70%) options host large gold systems that offer above average potential to host both bulk tonnage and high grade mineralization. The recently acquired 7 km by 3 km Straw Lake Beach Mine Property offers great potential to host a Hemlo-style and/or Rainy River-style gold deposits.

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Nelson W. Baker, President and CEO

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The TSX Venture Exchange has not reviewed and does not accept the responsibility for the adequacy and accuracy of this news release. This release includes certain statements that may be deemed to be "forward-looking statements". All statements in this release, other than statements of historical facts, that address events or developments that the Company expects to occur, are forward looking statements. Forward looking statements are statements that are not historical facts and are generally, but not always, identified by the words "expects", "plans", "could" or "should" occur. Although the Company believes the expectations expressed in such forward looking statements are based on reasonable assumptions, such statements are not guarantees of future performance and actual results may differ materially from those in forward looking statements. Factors that cause the actual results to differ materially from those in forward-looking statements include gold prices, results of exploration and development activities, regulatory changes, defects in title, availability of materials and equipment, timeliness of government approvals, continued availability of capital and financing and general economic, market or business conditions. The Company cautions the foregoing list of important factors is not exhaustive. Investors and others who base themselves

on the Company's forward-looking statements should carefully consider the above factors as well as the uncertainties they represent and the risk they entail. The Company believes that the expectations reflected in those forward-looking statements are reasonable, but no assurance can be given that these expectations will prove to be correct. Please see the public filings of the Company at www.sedar.com for further information.