

MINERAL MOUNTAIN RESOURCES LTD.

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MMV.TSX-V

NEWS RELEASE
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Mineral Mountain Strengthens Its Technical and Management Team

Highlights

- **Norman Wally Rayner, BSc., P.Eng., recently Project Manager for the Rainy River Gold Project (5 Moz) with over 40 years of experience in all facets of the mineral industry is appointed Mineral Mountain's Vice President of Exploration.**
- **C. J. Baker, MSc., global geological consultant whose unique record in generating and exploring advanced gold and base metal projects is appointed Regional Exploration Manager with a special focus in recognized gold districts in eastern Canada.**
- **Ronald Rieder, with over 25 years in the investment industry is appointed Vice President of Finance.**
- **Marshall R. Bertram, Secretary/Treasurer**
- **Kenneth Tangen, Investor Relations**

Vancouver, British Columbia, August 4, 2010: Mineral Mountain Resources Ltd. (**MMV.TSX-V**) (the "Company") intends to become a significant explorer and developer of precious metals with a particular focus on gold. Our business model includes assembling a strong technical team and rapidly advancing large scale deposits with strong production potential. These deposits will be located in stable geopolitical regions providing low technical risk, and the potential to host robust, economically feasible, ore bodies.

Our 89,000 hectare Kootenay Arc Project, situated southeast of Revelstoke, British Columbia, is quickly emerging as a high-quality, very fertile setting to host a significant polymetallic +/- precious metal deposits. This underexplored part of the Kootenay Arc is also considered to be highly prospective for sediment-hosted gold deposits similar to those found in the Carlin Trend of Nevada.

Our highly successful business model is based on the previous experiences of a strong management team and strategic property partnerships. Since inception, our strategy has been to assemble an experienced, well-balanced management team with expertise in finance, business management, exploration and mining. Mineral Mountain's solid financial position should allow the Company to grow rapidly through exploration and property acquisitions and to attract top level personnel to manage these projects.

Consistent with this strategy, the Company wishes to announce the following appointments to its technical and management team:

Norman Wally Rayner, Vice President of Exploration

Wally is an exploration geologist with over 40 years of global experience in all facets of the mineral industry. He has worked in a wide variety of geological environments ranging from Archean volcanic hosted massive sulphide and lode gold deposits to sedimentary hosted lead-zinc deposits. Recently, Wally played a key role as Project Manager for the Rainy River Project in northwestern Ontario from 2006 to June 2010. Earlier in Wally's career, he was a key member of the exploration teams of Inmet Mining Corporation, Minnova Inc., Kerr Addison Mines Limited, Sulpetro Mineral Limited and St. Joseph Exploration Limited.

Clement J. Baker, Regional Exploration Manager

CJ is a proven exploration geologist and hold a B.Sc. in geology from James Cook University in Australia and a M.Sc. in Mineral Exploration (MINEX) from Queen's University. CJ has over 25 years of experience as an exploration geologist in a wide variety of geological environments globally. His career included project generation, management, evaluation for major Australian and Canadian mining companies including Western Mining Corporation, Hunter Dickinson Inc., Pangea Goldfields, Goldcorp Inc. and Rainy River Resources Ltd.

Ronald A. Rieder, Vice President of Corporate Finance

Ron has been involved in all facets of the investment industry for the past 25 years. Most recently, Ron was a Senior Investment Advisor for the past six years with Canaccord Wealth Management in Vancouver, where he sponsored Mineral Mountain in successfully completing its IPO. Prior to Canaccord, Ron worked with Yorkton Securities, Pacific International Securities and C.M. Oliver & Co.

Marshall R. Bertram, Secretary/Treasurer

Marshall has been engaged in mining production companies and the mineral exploration industry for over 40 years. Mr. Bertram has held management positions with Reeves McDonald Mines, Copperline-Columbia River Mines, Falconbridge Nickel

Mines, Minas Ocana (Peru) and Prominent Resources Ltd. (Ghana). Marshall is presently a director and CFO of RPT Resources Ltd. and was President and CEO of Mineral Mountain Resources Ltd. up to July, 2010 and remains a director of the Company.

Kenneth R. Tangen, B.Sc., Investor Relations

Ken is an investment industry professional with over thirty years' experience. Initially as an investment advisor with Nesbitt Thomson and subsequently several years as a partner with Dean Witter Reynolds involved in corporate finance and investment banking activities.

The past decade, he has provided investor relations services for a number of public companies in the technology and resource sectors.

MINERAL MOUNTAIN RESOURCES LTD.

Nelson W. Baker, President and CEO

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The TSX Venture Exchange has not reviewed and does not accept the responsibility for the adequacy and accuracy of this news release.

This release includes certain statements that may be deemed to be "forward-looking statements". All statements in this release, other than statements of historical facts, that address events or developments that the Company expects to occur, are forward looking statements. Forward looking statements are statements that are not historical facts and are generally, but not always, identified by the words "expects", "plans", "could" or "should" occur. Although the Company believes the expectations expressed in such forward looking statements are based on reasonable assumptions, such statements are not guarantees of future performance and actual results may differ materially from those in forward looking statements. Factors that cause the actual results to differ materially from those in forward-looking statements include gold prices, results of exploration and development activities, regulatory changes, defects in title, availability of materials and equipment, timeliness of government approvals, continued availability of capital and financing and general economic, market or business conditions. The Company cautions the foregoing list of important factors is not exhaustive. Investors and others who base themselves on the Company's forward-looking statements should carefully consider the above factors as well as the uncertainties they represent and the risk they entail. The Company believes that the expectations reflected in those forward-looking statements are reasonable, but no assurance can be given that these expectations will prove to be correct. Please see the public filings of the Company at www.sedar.com for further information.